



**Heart Arrhythmias**  
Paroxysmal Arrhythmias

## Paroxysmal arrhythmias



This type of arrhythmia starts suddenly and stops on its own, with episodes that can last for seconds or up to a week. Paroxysmal arrhythmias can be brought on by triggers such as some medicines or caffeine.

Different types of arrhythmia can occur as paroxysmal arrhythmias, including atrial fibrillation, atrial flutter and supraventricular tachycardia.





**Hearts4heart supports, educates and advocates for Australians living with atrial fibrillation and other heart conditions. Join our community and the conversation.**

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